

SAN DIEGO COMMUNITY COLLEGE DISTRICT  
CONTINUING EDUCATION  
COURSE OUTLINE

**SECTION I**

**SUBJECT AREA AND COURSE NUMBER**

CLTX 625

**COURSE TITLE**

SEWING FUNDAMENTALS II

**ALTERNATE TITLE(S):**

APPAREL CONSTRUCTION II;  
CLOTHING CONSTRUCTION II;  
INTERMEDIATE SEWING

**TYPE COURSE**

NON-FEE

VOCATIONAL

**CATALOG COURSE DESCRIPTION**

This course bridges the skills between the beginner and the professional sewer. Emphasis in the course is on the attainment of intermediate skills needed to create apparel and sewn products. Topics include elements of style, textile knowledge and identification, equipment, tools, fitting techniques and evaluation of apparel quality. Introduction of fashion industry concepts including green technology is included. (FT)

**LECTURE/LABORATORY HOURS**

72

**ADVISORIES**

Completion of Sewing Fundamentals CLTX 620 or Basic Clothing Construction Skills.

**RECOMMENDED SKILL LEVEL**

Sixth grade reading level, ability to communicate effectively in the English language, and knowledge of general math.

**INSTITUTIONAL STUDENT LEARNING OUTCOMES**

1. Social Responsibility  
SDCE students demonstrate interpersonal skills by learning and working cooperatively in a diverse environment.
2. Effective Communication  
SDCE students demonstrate effective communication skills.

INSTITUTIONAL STUDENT LEARNING OUTCOMES (CONTINUED)

3. Critical Thinking  
SDCE students critically process information, make decisions, and solve problems independently or cooperatively.
4. Personal and Professional Development  
SDCE students pursue short term and life-long learning goals, mastering necessary skills and using resource management and self advocacy skills to cope with changing situations in their lives.

COURSE GOALS

1. Students will develop intermediate sewing techniques and skills.
2. Students will gain knowledge of textiles, garment fitting techniques and alterations.
3. Students will learn elements of style to produce quality sewn products and garments.
4. Students will learn selection and use of equipment, tools and supplies.
5. Students will understand fashion industry concepts including green technology.

COURSE OBJECTIVES

1. Demonstrate intermediate sewing techniques and skills.
2. Identify and describe different textiles, garment fitting techniques and alterations.
3. Describe and apply elements of style, fit, color, and wardrobe planning in garment sewing.
4. Select and demonstrate the proper use equipment, tools and supplies.
5. Describe fashion industry concepts and trends including green technology.

**SECTION II**

COURSE CONTENT AND SCOPE

1. Introduction to Intermediate Sewing
2. Current Industry Trends
3. Elements of Style
  - 3.1. Color Theory and Application
  - 3.2. Fashion Personality
  - 3.3. Body Types
  - 3.4. Wardrobe Concepts
4. Textile Knowledge
  - 4.1. Natural
  - 4.2. Man-made
  - 4.3. Non-woven
  - 4.4. Woven
  - 4.5. Knits
  - 4.6. New Developments

COURSE CONTENT AND SCOPE (CONTINUED)

5. Textile Identification
  - 5.1. Terminology
  - 5.2. Properties
  - 5.3. End Uses
  - 5.4. Sewing Techniques
6. Selection, Use, Maintenance of Equipment, Tools and Supplies
  - 6.1. Sewing Machines
  - 6.2. Tools and Notions
  - 6.3. Pressing Tools and Equipment
7. Fitting Basics
  - 7.1. Measurement
  - 7.2. Fitting a Bodice
  - 7.3. Fitting a Skirt
  - 7.4. Creating a Sloper
  - 7.5. Alterations/Pattern Adjustments
8. Preparation for Sewing
  - 8.1. Grain Lines
  - 8.2. Pre-Shrinking
  - 8.3. Pattern Layout
  - 8.4. Marking
  - 8.5. Cutting
  - 8.6. Pressing
9. Intermediate Sewing Skill Development
  - 9.1. Seams
  - 9.2. Seam Finishes
  - 9.3. Interfacing and Facings
  - 9.4. Darts
  - 9.5. Pleats and Tucks
  - 9.6. Bias
  - 9.7. Closures
  - 9.8. Pockets
  - 9.9. Collars
  - 9.10. Necklines
  - 9.11. Linings
  - 9.12. Waistlines
  - 9.13. Hems
  - 9.14. Handwork
10. Techniques for Sewing with Specialty Fabrics
11. Evaluation of Apparel Quality
12. Fashion Industry Concepts
  - 12.1. "Green" technology and developments
  - 12.2. Marketing Apparel Construction Skills

APPROPRIATE READINGS

Students may be given reading assignments from the course text book, informational handouts, trade publications and internet articles.

### WRITING ASSIGNMENTS

Appropriate writing assignments may include, but are not limited to: maintaining a portfolio of class assignments, projects and techniques, completion of record keeping forms for each garment constructed, mathematical calculations performed as needed to alterations, fit, and cost analysis of garments.

### OUTSIDE ASSIGNMENTS

Outside assignments may include, but are not limited to: internet research, readings, studying as needed to perform successfully in class, completion of intermediate level garments and a sewing portfolio.

### APPROPRIATE ASSIGNMENTS THAT DEMONSTRATE CRITICAL THINKING

Assignments that demonstrate critical thinking may include, but are not limited to: selection of a commercial pattern, fabrics and notions for the selected fit model demonstrating correct analysis of body type, fit, personal color selection and application of intermediate sewing skills in the construction of the garment.

### EVALUATION

A student's grade will be based on multiple measures of performance related to the course objectives. The assessment will measure development of independent critical thinking skills and the student's ability to perform intermediate clothing construction skills. Multiple measures may include, but are not limited to the following: written assessments, completion of assigned projects, class participation, and group activities, creation of a techniques portfolio and garments, and attendance.

### METHOD OF INSTRUCTION

Methods of instruction will include, but are not limited to: lectures, laboratory, demonstrations, audio-visual presentations, field trips, guest speakers, group and individual instruction, and job shadowing may also be utilized.

This course, or sections of this course, may be offered through distance education.

### TEXTS AND SUPPLIES

*Fit for Real People*, Pati Palmer, Palmer/Pletsch Incorporated, current edition  
*A Guide to Fashion Sewing*, Connie Amaden-Crawford, Fairchild Publications, Inc.,  
current edition  
*Professional Sewing Techniques for Designers*, Julie Cole/Sharon Czachor, Fairchild  
Publications, Inc., current edition  
*Your Personal Style*, Nancy Plummer, Fairchild Publications, current edition

Periodicals

*Threads*

*Woman's Wear Daily*

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PREPARED BY: Donna Namdar DATE: April, 2015

REVISED BY: Shirley Pierson DATE: May 6, 2020

Instructors must meet all requirements stated in Policy 3100 (Student Rights, Responsibilities and Administrative Due Process), and the Attendance Policy set forth in the Continuing Education Catalog.

REFERENCES:

San Diego Community College District Policy 3100  
California Community Colleges, Title 5, Section 55002  
Continuing Education Catalog