# SAN DIEGO COMMUNITY COLLEGE DISTRICT CONTINUING EDUCATION COURSE OUTLINE

# SECTION I

# SUBJECT AREA AND COURSE NUMBER

CLTX 635

COURSE TITLE

## ALTERNATE TITLE(S):

CONTEMPORARY TAILORING

COUTURE TAILORING; MACHINE TAILORING; SPEED TAILORING; TAILORING FOR WORKING WOMEN

## TYPE COURSE

NON-FEE

VOCATIONAL

## CATALOG COURSE DESCRIPTION

Traditional tailoring techniques using both couture and contemporary methods to achieve professional results. Time-saving machine skills and new shaping fabrics are presented. (FT)

## LECTURE/LABORATORY HOURS

72

## **ADVISORIES**

Sewing Fundamentals, equivalent experience or instructor's consent.

## RECOMMENDED SKILL LEVEL

Sixth grade reading level, ability to communicate effectively in the English language, and knowledge of general math.

## INSTITUTIONAL STUDENT LEARNING OUTCOMES

- Social Responsibility SDCE students demonstrate interpersonal skills by learning and working cooperatively in a diverse environment.
- 2. Effective Communication SDCE students demonstrate effective communication skills.

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# INSTITUTIONAL STUDENT LEARNING OUTCOMES (CONTINUED)

- 3. Critical Thinking SDCE students critically process information, make decisions, and solve problems independently or cooperatively.
- 4. Personal and Professional Development SDCE students pursue short term and life-long learning goals, mastering necessary skills and using resource management and self-advocacy skills to cope with changing situations in their lives.

# COURSE GOALS

Working towards the achievement of the course goals, the students will develop:

- 1. An understanding of the tailoring process, its significance to the appearance and durability of a garment, and how it differs from dressmaking.
- 2. An ability to use tailoring equipment and tools.
- 3. The ability to select patterns appropriate for tailoring and figure type.
- 4. The ability to select fabrics for a tailored garment and its lining.
- 5. Confidence in the selection and use of current shaping fabrics.
- 6. Skill in solving fitting problems related to tailored garments.
- 7. The skills necessary to construct the components of a tailored garment.
- 8. Skill in using pressing equipment to achieve a professional look in the construction of a tailored garment
- 9. Machine/speed tailoring construction techniques.
- 10. An understanding of how tailoring techniques can be adapted to improve dressmaking skills.
- 11. Awareness of the maintenance and care required for tailored garments.
- 12. The ability to organize a safe and efficient workspace.
- 13. An awareness that these skills are transferable to the marketplace.

## COURSE OBJECTIVES

Upon completion of this course the student will be able to:

- 1. Define the tailoring process, why it is used, and how it differs from dressmaking.
- 2. Identify the tools/equipment used in both traditional and contemporary tailoring.
- 3. Select patterns appropriate for traditional and contemporary tailoring and figure type.
- 4. Select fabrics and linings suitable for tailored garments.
- 5. Acquire skill in handling difficult fabrics.
- 6. Select appropriate underlying fabrics for shaping a tailored garment.
- 7. Solve fitting and design problems by making necessary pattern and/or garment adjustments.
- 8. Use the appropriate pressing equipment properly.
- 9. Construct the following using tailoring techniques:
  - 9.1. Pockets
  - 9.2. Seams and edges
  - 9.3. Facing and lapels

# COURSE OBJECTIVES (CONTINUED)

- 9.4. Interfacing with pad stitching
- 9.5. Fusible interfacings
- 9.6. Undercollars
- 9.7. Uppercollars
- 9.8. Hems
- 9.9. Shoulder Shaping
- 9.10. Linings
- 9.11. Butttonholes
- 9.12. Pockets
- 9.13. Vents
- 9.14. Waistbands
- 9.15. Sleeves
- 10. Identify tailoring skills that can be used to improve the construction of a non-tailored garment.
- 11. Care for tailored garments properly.
- 12. Demonstrate the organization of a safe and efficient workspace.
- 13. Identify the skills acquired that are transferable to the job market and have some knowledge about how to market them.

# SECTION II

# COURSE CONTENT AND SCOPE

- 1. Tailoring Process
  - 1.1. Introduction to tailoring
  - 1.2. Comparison to dressmaking
  - 1.3. Basic terminology
- 2. Tailoring Equipment And Supplies
  - 2.1. Sewing machines and sergers
  - 2.2. Sewing tools and supplies
  - 2.3. Pressing equipment and supplies
  - 2.4. Other
- 3. Pattern Selection
  - 3.1. Fads versus classics
  - 3.2. Figure type identification
  - 3.3. Components of tailored garment
- 4. Fabric Selection
  - 4.1. Fiber content and use
  - 4.2. Performance
  - 4.3. Linings
  - 4.4. Cost
- 5. Underlying Fabric Selection
  - 5.1. Underlinings
  - 5.2. Interfacings
  - 5.3. Linings

# COURSE CONTENT AND SCOPE (CONTINUED)

- 6. Fit And Pattern Adjustments
  - 6.1. Measurements
  - 6.2. Pattern adjustments
  - 6.3. Garment adjustments
- 7. General Construction Sequence
  - 7.1. Pattern alternation based on body measurements
  - 7.2. Muslin mock-up
  - 7.3. Final pattern fit and design adjustments
  - 7.4. Cutting and marking
  - 7.5. Preparation of interfacing
  - 7.6. Pockets
  - 7.7. Applying interfacing to jacket front
  - 7.8. Taping and preparing lapel
  - 7.9. Facing
  - 7.10. Lining
  - 7.11. Shoulder and shoulder pads
  - 7.12. Undercollar
  - 7.13. Uppercollar
  - 7.14. Applying collar and facing
  - 7.15. Sleeves and sleeve heads
  - 7.16. Hand-picked finishing details
  - 7.17. Buttonholes
  - 7.18. Final pressing
  - 7.19. Buttons
- 8. Pressing
  - 8.1. Equipment
  - 8.2. Uses
- 9. Construction Skills
  - 9.1. Layout and cutting
  - 9.2. Marking
    - 9.2.1. Garment fabric
    - 9.2.2. Underlining
    - 9.2.3. Interfacing
    - 9.2.4. Lining
  - 9.3. Seams
    - 9.3.1. Types
    - 9.3.2. Finishes
  - 9.4. Interfacing application
    - 9.4.1. Types available
    - 9.4.2. Method of use
    - 9.4.3. Appropriate choice
  - 9.5. Pockets
    - 9.5.1. Welt
    - 9.5.2. In-seam
    - 9.5.3. Patch
    - 9.5.4. Slanted

## COURSE CONTENT AND SCOPE (CONTINUED)

- 9.5.5. Flap
- 9.5.6. Piped
- 9.6. Collars
  - 9.6.1. Types
  - 9.6.2. Notched
  - 9.6.3. Shawl
  - 9.6.4. Other
  - 9.6.5. Undercollar
  - 9.6.6. Uppercollar
- 9.7. Sleeves and shoulder shaping
- 9.8. Hems
- 9.9. Closures
  - 9.9.1. Buttonholes
  - 9.9.2. Bound
  - 9.9.3. Corded
  - 9.9.4. Other
  - 9.9.5. Zippers
  - 9.9.6. Hand picked
  - 9.9.7. Fly front application
- 9.10. Lining
  - 9.10.1. Application
  - 9.10.2. Ease pleats
- 9.11. Speed machine techniques
- 10. Workspace
  - 10.1. Safe
  - 10.2. Efficiency
- 11. Marketing Classroom Skills
  - 11.1. Skill identification
  - 11.2. Possible areas of employment
    - 11.2.1. Retail clothing stores for men and women
    - 11.2.2. Tailor shop
    - 11.2.3. Theatre
    - 11.2.4. Entertainment Industry
    - 11.2.5. Self-employment

# APPROPRIATE READINGS

Appropriate readings may include, but are not limited to: textbooks, and supplemental reading materials such as:

Magazines: W; WWD; Sew News; Threads

*Fabulous Fit*, 2<sup>nd</sup> Edition,New York, NY: Fairchild Publications. Rasband, Judith, current edition *Guide to Fashion Sewing*, 4<sup>th</sup> Edition, New York NY: Fairchild Publications., Connie Amaden Crawford, current edition

The Zapp Method of Couture Sewing, Iola, WI:Krause Publications. Anna Zapp, current edition

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### WRITING ASSIGNMENTS

Appropriate writing assignments may include, but are not limited to: maintaining a portfolio of techniques, and a completion of record keeping forms for constructed garments.

### **OUTSIDE ASSIGNMENTS**

Outside assignments may include, but are not limited to: completion of garment and sample portfolios of sewing techniques, and analysis of tailoring techniques used to construct ready-to –wear garments.

### APPROPRIATE ASSIGNMENTS THAT DEMONSTRATE CRITICAL THINKING

Assignments that demonstrate critical thinking may include, but are not limited to: choice of patterns that flatter the body type of the fit model; mathematical calculations performed as needed to relate personal body measurements to commercial pattern measurements; selection appropriate fabric, lining and interfacings; selection and placement of closure; selection of hand and machine stitches for the style of the garment and type of fabric; choice of proper pressing techniques to achieve a professional appearance; and the computing of the cost of the finished garment.

### **EVALUATION**

The student and the teacher will evaluate the success of the course using student evaluations of the course content and teacher, plus one or more of the following:

- 1. The student will set goals and evaluate the achievement of these goals upon completion of the course.
- 2. The student will complete a garment using skills learned in class.
- 3. Continued attendance, punctuality and participation in class by student.
- 4. The student and the teacher will evaluate his/her garment using various quality ready-to-wear garments and guidelines.
- 5. Written tests, quizzes and oral exams.
- 6. Creation of a tailoring portfolio.

Upon successful completion of each individual course a Certificate of Course Completion will be issued. Upon successful completion of all courses included in the program a Certificate of Program Completion will be issued.

### METHOD OF INSTRUCTION

Lectures, demonstrations, handouts, visual aids, field trips, guest speakers, closed-captioned DVD and videos, clothing laboratory experiences, and collaborative learning.

### TEXTS AND SUPPLIES

Classic Tailoring Techniques for Women by Roberto Cabrerea and Patricia Flaherty Meyers, New York; New York: Fairchild Publications, current edition

The instructor will provide a copy of the course syllabus and all relevant handouts. The student will provide a pen/pencil, notebook and all sewing supplies and equipment.

| PREPARED BY     | Nancy Fisher/Marjorie Howe           | DATE <u>March 24, 1988</u> |
|-----------------|--------------------------------------|----------------------------|
| DATA REVISED BY | / Donna Namdar                       | DATE: February 13, 2007    |
| DATA REVISED BY | / Instructional Services/SLO's Added | DATE November 23, 2015     |
| DATA REVISED BY | /                                    | DATE                       |

Instructors must meet all requirements stated in Policy 3100 (Student Rights, Responsibilities and Administrative Due Process), and the Attendance Policy set forth in the Continuing Education Catalog.

### **REFERENCES**:

San Diego Community College District Policy 3100 California Community Colleges, Title 5, Section 55002 Continuing Education Catalog