

SAN DIEGO COMMUNITY COLLEGE DISTRICT  
CONTINUING EDUCATION  
COURSE OUTLINE

**SECTION I**

SUBJECT AREA AND COURSE NUMBER

CLTX 650

COURSE TITLE

SEWING FOR THE HOME

TYPE COURSE

NON-FEE

CATALOG COURSE DESCRIPTION

Save money as you create a pleasant home environment. Learn professional construction techniques to sew household items for yourself or others. Draperies, curtains, sofa pillows, bed coverings, table linens, etc. may be included. (FT)

LECTURE HOURS

54

LABORATORY HOURS

ADVISORIES

NONE

RECOMMENDED SKILL LEVEL

NONE

INSTITUTIONAL STUDENT LEARNING OUTCOMES

1. Social Responsibility  
SDCE students demonstrate interpersonal skills by learning and working cooperatively in a diverse environment.
2. Effective Communication  
SDCE students demonstrate effective communication skills.
3. Critical Thinking  
SDCE students critically process information, make decisions, and solve problems independently or cooperatively.

### INSTITUTIONAL STUDENT LEARNING OUTCOMES (CONTINUED)

#### 4. Personal and Professional Development

SDCE students pursue short term and life-long learning goals, mastering necessary skills and using resource management and self advocacy skills to cope with changing situations in their lives.

### COURSE GOALS

Achievement of the course objectives will help the student develop:

1. An understanding that a pleasant home environment contributes to a persons' sense of physical and emotional well being.
2. Awareness of the design elements used to create an attractive environment.
3. Skill in the selection of fabrics and supplies appropriate to their needs and resources.
4. Skill in taking accurate measurements and making estimates for necessary yardage.
5. Specific sewing skills related to sewing for the home.
6. Awareness of the safety factors involved when making selections for the home as well as setting up a workspace.
7. A consumers' awareness of sources in the community for equipment and supplies.
8. Awareness that these skills could be transferred to the job market.

### COURSE OBJECTIVES

At the completion of the course the student will demonstrate an ability to:

1. Identify and explain ways in which environmental characteristics affect ones' physical and psychological well-being.
2. Recognize and use the elements of design in selection and construction of projects.
3. Select fabrics and supplies appropriate to their needs and resources.
4. Measure accurately.
5. Estimate yardage.
6. Use specific sewing skills for the project at hand.
7. Use time-saving techniques whenever possible.
8. Maintain a safe/efficient workspace.
9. List community resources for equipment and supplies.
10. Identify acquired skills that are transferable to the job market and discuss in class how to market them.

## **SECTION II**

### **COURSE CONTENT AND SCOPE**

1. Housing Characteristics Promoting Physical and Psychological Well-Being
  - 1.1. Physical environment
  - 1.2. Identification of personal and family needs
  - 1.3. Privacy
    - 1.3.1. Self-expression
    - 1.3.2. Comfort
    - 1.3.3. Effects of housing on social behavior
2. Elements of Design as Used in the Home
  - 2.1. Color
  - 2.2. Line
  - 2.3. Space
  - 2.4. Texture
3. Fabric Selection
  - 3.1. Fiber content
  - 3.2. Fabric finish
  - 3.3. Basic fabric types
    - 3.3.1. Decorator
    - 3.3.2. Fashion
  - 3.4. Terminology
    - 3.4.1. Repeat
    - 3.4.2. Selvage
    - 3.4.3. Grain
  - 3.5. Safety of fabric
4. Decorator Home Fashions
  - 4.1. Windows
    - 4.1.1. Curtains
      - 4.1.1.1. Casings
      - 4.1.1.2. Headings
      - 4.1.1.3. Linings
      - 4.1.1.4. Measuring and estimating
      - 4.1.1.5. Cutting and matching
      - 4.1.1.6. Tiebacks
      - 4.1.1.7. Hardware and equipment
  - 4.2. Shades
    - 4.2.1. Roman
    - 4.2.2. Roller
    - 4.2.3. Balloon
    - 4.2.4. Other
    - 4.2.5. Measuring and estimating
    - 4.2.6. Cutting and matching
    - 4.2.7. Hardware and equipment
  - 4.3. Draperies
    - 4.3.1. Pleats
    - 4.3.2. Measuring and estimating

COURSE CONTENT AND SCOPE (CONTINUED)

- 4.3.3. Cutting and matching
- 4.3.4. Finishing
- 4.4. Cornices and valances
  - 4.4.1. Measuring
  - 4.4.2. Padding
  - 4.4.3. Hardware and equipment
- 4.5. Slip covers
  - 4.5.1. Measuring and estimating
  - 4.5.2. Cutting and matching
  - 4.5.3. Construction tips
- 4.6. Pillows
  - 4.6.1. Types
    - 4.6.1.1. Knife edged
    - 4.6.1.2. Boxed
    - 4.6.1.3. Corded
    - 4.6.1.4. Ruffled
    - 4.6.1.5. Flanged
    - 4.6.1.6. Other
  - 4.6.2. Materials
    - 4.6.2.1. Fabrics
    - 4.6.2.2. Fillings
  - 4.6.3. Closures
    - 4.6.3.1. Overlap
    - 4.6.3.2. Zipper
    - 4.6.3.3. Other
  - 4.6.4. Measuring and estimating
  - 4.6.5. Cutting
- 4.7. Table linens
  - 4.7.1. Fabric selection
  - 4.7.2. Shapes
  - 4.7.3. Finishing
    - 4.7.3.1. Hems
    - 4.7.3.2. Cording
    - 4.7.3.3. Binding
    - 4.7.3.4. Other
  - 4.7.4. Measuring and estimating
- 4.8. Bed coverings
  - 4.8.1. Spreads
  - 4.8.2. Comforters
  - 4.8.3. Pillow shams
  - 4.8.4. Dust ruffles
  - 4.8.5. Measuring and estimating
  - 4.8.6. Cutting and matching
  - 4.8.7. Other
- 4.9. Small accessory items for the home
- 5. Sewing Skills
  - 5.1. Basic seams

COURSE CONTENT AND SCOPE (CONTINUED)

- 5.1.1. Plain
- 5.1.2. French
- 5.1.3. Flat Fell
- 5.1.4. Other
- 5.2. Basic equipment
- 5.3. Hand sewing
  - 5.3.1. Slip stitch
  - 5.3.2. Blind stitch
  - 5.3.3. Tacking
- 6. Time Saving Equipment/Techniques
  - 6.1. Serger
  - 6.2. Standard sewing machine feet
    - 6.2.1. Special purpose foot
    - 6.2.2. Zipper and cording foot
    - 6.2.3. Even feed foot
    - 6.2.4. Narrow hemmer
    - 6.2.5. Ruffler
    - 6.2.6. Blind stitch hem foot
  - 6.3. Seam guide
  - 6.4. Quilting guide bar
  - 6.5. Fusibles
  - 6.6. Other
- 7. Resource Management
  - 7.1. Energy conservation techniques
  - 7.2. Recycling of household items
  - 7.3. Safety
    - 7.3.1. Fire
    - 7.3.2. Operation of equipment
    - 7.3.3. Set up of workspace
  - 7.4. Sources of equipment and supplies
- 8. Marketing Classroom Skills
  - 8.1. Skill identification
  - 8.2. Possible areas of employment
    - 8.2.1. Fabric stores
    - 8.2.2. Interior designers
    - 8.2.3. Boutiques
    - 8.2.4. Needlework shops
    - 8.2.5. Other

APPROPRIATE READINGS

Readings assignments may include, but are not limited to: textbooks, supplemental reading assignments, relevant industry periodicals, and reference manuals.

### WRITING ASSIGNMENTS

Writing assignments may include, but are not limited to: maintaining a portfolio of class assignments and projects, completion of record keeping forms for each product constructed, and mathematical calculations performed as needed.

### OUTSIDE ASSIGNMENTS

Outside assignments may include, but are not limited to, completion of product and sample portfolio of sewing techniques and providing a sample of each technique.

### APPROPRIATE ASSIGNMENTS THAT DEMONSTRATE CRITICAL THINKING

Assignments that demonstrate critical thinking may include, but are not limited to, measuring accurately and estimating yardage.

### EVALUATION

The student and the teacher will evaluate the success of the course using student evaluation of course content and teacher plus one or more of the following methods:

1. The student will set goals and evaluate the achievement of these goals upon completion of the course.
2. The student and the teacher will evaluate his/her project(s) and make suggestions for improvement in future projects.
3. The class will participate in evaluating completed projects at the end of the end of the course taking into consideration the quality of the design and the workmanship.
4. Student attendance and participation in class activities.
5. Student will demonstrate ability to plan for and construct one or more of the projects demonstrated in class.
6. Student will make their own reference folder of basic seams, hand-sewing techniques, and by making samples using the various machine feet.
7. Student will demonstrate their knowledge of design elements through their choice of materials and designs for their projects.

### METHOD OF INSTRUCTION

Lectures, visual aids, demonstrations, field trips, class activities, hand- outs, and student projects.

This course, or sections of this course, may be offered through distance education.

TEXT AND SUPPLIES

*Sewing Home Decor: the Basics & Beyond*, Shannon Dennis, Design Originals; current edition

*Reader's Digest Complete Guide to Sewing* (revised ed.), Reader's Digest Association,  
Montreal -- Pleasantville, NY, The Reader's Digest Association (Canada) Ltd, current  
edition

Instructor's preference.

PREPARED BY Nancy Fisher/Marjorie Howe DATE August 19, 1987

REVISED BY Shirley Pierson DATE May 6, 2020

REVISED BY Shirley Pierson DATE November 4, 2020

Instructors must meet all requirements stated in Policy 3100 (Student Rights, Responsibilities and Administrative Due Process), and the Attendance Policy set forth in the Continuing Education Catalog.

REFERENCES:

San Diego Community College District Policy 3100  
California Community Colleges, Title 5, Section 55002  
Continuing Education Catalog