

SAN DIEGO COMMUNITY COLLEGE DISTRICT
CONTINUING EDUCATION
COURSE OUTLINE

SECTION I

SUBJECT AREA AND COURSE NUMBER

PASV 525

COURSE TITLE

PRE-RETIREMENT PLANNING

TYPE COURSE

NON-FEE

OLDER ADULT

CATALOG COURSE DESCRIPTION

Course covers the challenge of retirement including health and safety, housing considerations, legal affairs, attitude adjustment, financial planning and preparation for adjustment for retirement. (FT)

LECTURE HOURS

2 hours per week
(for 18 weeks)

LABORATORY HOURS

ADVISORIES

NONE

RECOMMENDED SKILL LEVEL

NONE

INSTITUTIONAL STUDENT LEARNING OUTCOMES

1. Social Responsibility
SDCE students demonstrate interpersonal skills by learning and working cooperatively in a diverse environment.
2. Effective Communication
SDCE students demonstrate effective communication skills.

INSTITUTIONAL STUDENT LEARNING OUTCOMES (CONTINUED)

3. Critical Thinking
SDCE students critically process information, make decisions, and solve problems independently or cooperatively.
4. Personal and Professional Development
SDCE students pursue short term and life-long learning goals, mastering necessary skills and using resource management and self advocacy skills to cope with changing situations in their lives.

COURSE GOALS

Achievement of the course objectives will develop the students':

1. Understanding of the major problems of retirement in our society.
2. Knowledge of the physiological aspects of the aging process and retirement.
3. Understanding of available sources of job information and career development in the community.
4. Knowledge of different types of investments and financial planning.
5. Ability to identify general sources of income and modes of budgeting.
6. Awareness of housing alternatives for retirement living.
7. Awareness of pertinent legal matters and resources available in the community.
8. Understanding of the values of creative leisure time activities and community resources.

COURSE OBJECTIVES

Upon completion of the course, the student will be able to:

1. Identify the major problems of retirement in our society.
2. Specify the physiological aspects of retirement.
3. Identify positive concepts for successful aging.
4. Identify values of creative activities and community resources for leisure.
5. Identify general sources of income and modes of budgeting.
6. List available sources of job information and career development in the community.
7. List sources for investment alternatives and financial planning.
8. Identify sources on housing alternatives for retirement living.
9. List legal matters and sources of help available.

COURSE CONTENT AND SCOPE

1. Meaning of Retirement
 - 1.1. Physiological
 - 1.2. Sociological
 - 1.3. Legal aspects
2. Financial Planning
 - 2.1. Investments
 - 2.2. Income
 - 2.3. Budgeting

COURSE CONTENT AND SCOPE (CONTINUED)

3. Community Resources
 - 3.1. Health
 - 3.2. Job and career development
 - 3.3. Leisure time
 - 3.4. Legal
4. Housing Alternatives
 - 4.1. Single dwelling
 - 4.1.1. Own
 - 4.1.2. Rent
 - 4.2. Apartments
 - 4.2.1. Own
 - 4.2.2. Rent
 - 4.3. Retirement Communities
 - 4.4. Mobile Homes
 - 4.5. Shared Living Space
 - 4.5.1. Family
 - 4.5.2. Friends

APPROPRIATE READINGS

NONE

WRITING ASSIGNMENTS

NONE

OUTSIDE ASSIGNMENTS

NONE

APPROPRIATE ASSIGNMENTS THAT DEMONSTRATE CRITICAL THINKING

NONE

EVALUATION

Students will demonstrate knowledge of sociological and physiological changes in our society that occur in retirement years. They will demonstrate an understanding of fiscal planning tools, community resources, housing alternatives and applicable legal aspects of retirement and aging. This will be achieved through the use of pre- and post-tests, student projects and the teachers observation of applications to their lives.

METHOD OF INSTRUCTION

Presentation may include, but is not limited to; class discussion, lectures, guest speakers, quizzes, questionnaires and field trips.

TEXT AND SUPPLIES

There is no assigned text, but written material reflecting current trends and resources will be provided by the instructor and a variety of references are suggested. A copy of the course syllabus and all relevant handouts will be provided by the instructor. The student will provide pen/pencil and a notebook.

PREPARED BY: Nancy Fisher/Marjorie Howe DATE: June, 1987

DATA REVISED BY Instructional Services/SLO's Added DATE May 7, 2015

DATA REVISED BY _____ DATE _____

Instructors must meet all requirements stated in Policy 3100 (Student Rights, Responsibilities and Administrative Due Process), and the Attendance Policy set forth in the Continuing Education Catalog.

REFERENCES:

San Diego Community College District Policy 3100
California Community Colleges, Title 5, Section 55002
Continuing Education Catalog