

SDCCD POLICE DEPARTMENT



Ladies come get **EMPOWERED!!**

RAD FOR WOMEN

CESAR CHAVEZ

1901 MAIN STREET, SAN DIEGO

MARCH 23RD & 24TH, 2024

The R.A.D. Systems is dedicated to teaching women defensive **concepts and techniques** by utilizing **easy, effective and proven self-defense tactics**. Our system of realistic defense will provide a woman with knowledge, awareness and tools.

OFFICER. ANGIE KASINAK#146

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REGISTRATION LINK:

[HTTPS://FORMS.GLE/RKWMAJ5X3CB5MP319](https://forms.gle/RKWMAJ5X3CB5MP319)

SELF-DEFENSE
CLASS FOR WOMEN
ONLY

FREE 12 HOUR
PROGRAM

REALISTIC TACTICS
AND TECHNIQUES

TAUGHT BY
NATIONALLY
CERTIFIED
INSTRUCTORS

CONFIDENCE
BUILDER AND
EMPOWERMENT



SIGN UP HERE!!

