



## Professional Development Committee

**MINUTES - Monday, January 12, 2026**

**2:00 – 3:00 PM**

**Zoom virtual meeting**

<b>Members Present:</b>	Diana Vera-Alba, Jackie Sabanos, Carla Grossini-Concha, Lily Gonzalez, Maureen Rubalcaba, Cat Prindle, Esteban Alvarado, Veleka Iwuaba, Denise Munoz, Patty Lopez
<b>Not Present:</b>	Jessica Luedtke, Michele Madrid-Novak, Floreniza (Carla) Yumul, Tammy Krasne, Megan Leppert
<b>Guest(s):</b>	Janielle Bilello
<b>AGENDA</b>	
<b>1. Call to Order 2:02 PM</b>	
<b>2. Action Items</b>	
<b>2.1 Approval of Agenda</b>	
<b>CONCLUSION</b>	Motion to approve by Cat, seconded by Diana – agenda approved
<b>2.2 Approval of 12/8/2025 PD Committee Meeting Minutes</b>	
<b>CONCLUSION</b>	Motion to approve by Maureen, seconded by Esteban – minutes approved
<b>3. Information/Discussion Item(s)</b>	
<b>3.1 Spring Institution Day (January 20, 2026)</b>	
<b>INFORMATION</b>	<ul style="list-style-type: none"> <li>• Event to be held at the San Diego Central Library</li> <li>• RSVP required due to limited capacity</li> <li>• Breakout sessions: wellness, movement, creative workshops, sustainability activities, and a legal Q&amp;A session</li> <li>• Members encouraged to promote attendance across departments</li> </ul>
<b>3.2 Spring Institution &amp; Flex Day Schedule</b>	
<b>INFORMATION</b>	<ul style="list-style-type: none"> <li>• Flex activities to be held primarily at Cesar Chavez Campus</li> <li>• Offerings include mindfulness, yoga, Safe Zone training, disability-aware training, Canvas accessibility, Zoom essentials, attendance/grading, and student support services</li> <li>• A virtual Flex 101 session will be offered to support adjunct faculty</li> <li>• Emphasis placed on increasing classified professional participation</li> </ul>
<b>3.3 Classified Professional Survey Results</b>	
<b>INFORMATION</b>	<ul style="list-style-type: none"> <li>• Survey results reviewed to inform STAR Conference and ongoing professional development planning</li> <li>• Key priority areas identified: <ul style="list-style-type: none"> <li>◦ Communication, de-escalation, and psychological safety</li> <li>◦ DEI/AA training and cultural competence</li> <li>◦ Wellness, self-care, and mental health</li> <li>◦ Restorative practices and healing from workplace harm</li> <li>◦ Practical skills (technology tools, AI, retirement planning)</li> </ul> </li> <li>• Planning underway to introduce restorative practices/community circles in Spring 2026</li> <li>• Announcement forthcoming regarding Loretta Ross campus visit (tentatively March 18, 2026)</li> </ul>
<b>4. Roundtable</b>	
<b>INFORMATION</b>	<ul style="list-style-type: none"> <li>• ESL fundraiser raised nearly \$1,000 for students</li> <li>• Student reinstatement success story shared</li> <li>• MLK Parade participation promoted (January 19, 2026)</li> <li>• Passport to Success program update provided</li> <li>• Scholarship application deadline announced (February 6, 2026)</li> <li>• Counseling department completed cross-training for educational planning</li> <li>• ESL enrollment and community MLK events shared</li> </ul>
<b>5. Adjournment:</b> Meeting adjourned at 2:56 PM	
<b>Next Meeting:</b> 2/9/2026 at 2:00	

**Minutes submitted by:** Debi King

**Minutes approved:**

By Committee 2/9/2026