

SDCCD POLICE DEPARTMENT



Ladies come get EMPOWERED!!

RAD FOR WOMEN
NORTH CITY CENTER
8355 AERO DRIVE, SAN DIEGO

APRIL 6TH & 7TH, 2024

The R.A.D. Systems is dedicated to teaching women defensive **concepts and techniques** by utilizing **easy, effective and proven self-defense tactics**. Our system of realistic defense will provide a woman with knowledge, awareness and tools.

OFFICER. ANGIE KASINAK#146
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USE QR CODE TO REGISTER OR EMAIL ME.
YOU WILL GET AN EMAIL WITH CLASS
DETAILS AFTER REGISTRATION.

**SELF-DEFENSE
CLASS FOR WOMEN
ONLY**

**FREE 12 HOUR
PROGRAM**

**REALISTIC TACTICS
AND TECHNIQUES**

**TAUGHT BY
NATIONALLY
CERTIFIED
INSTRUCTORS**

**CONFIDENCE
BUILDER AND
EMPOWERMENT**



SIGN UP HERE!!